



# The Flying Razorback

188th Wing

Arkansas Air National Guard

Ebbing ANG Base, Fort Smith, Arkansas

December 2014

## Ability to survive and operate

188th Wing  
participates in ATSO  
field training exercise 2

# Exercise, exercise, exercise: 188th Airmen rehearse disaster response skills, ability to survive and operate

By Staff Sgt. Hannah Landeros  
188th Wing Public Affairs

Every Airman at basic training, home station and in deployed locations learns that personal protective equipment is a vital key to mission readiness. Knowing the proper wear and usage of PPE helps keep personnel safe and saves lives.

Nearly 400 Airmen from the 188th Wing participated in an ability to survive and operate field training exercise held Nov. 2 at Ebbing Air National Guard Base, Fort Smith, Ark. The FTX simulated a deployment to Southwest Asia and was conducted to evaluate and improve Airmen's capabilities and skills during a war-time scenario. An ATSO exercise is designed to place Airmen in various adverse situations such as attacks they might encounter during a deployment.

"The number one reason ATSO training

is important is because it can save your life," said Chief Master Sgt. Ron Redding, 188th Wing installation emergency manager and wing inspection team member. "We need to know how to properly wear and operate in our mission oriented protective posture gear."

Personal protective equipment needed for a chemical, biological, radiological,

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— Chief Master Sgt. Ron Redding,  
188th Wing installation emergency manager

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nuclear and high-yield explosive attack is called MOPP gear, which requires protective suits, boots, a gas mask and gloves.

Challenges Airmen from the 188th faced while in MOPP gear consisted of simulated

indirect fire, mortar, rocket and missile attacks, unexploded ordinance, runway damage, multiple casualties, insurgents trying to gain access to assets and a fuel spill as well as chemical, radiological, biological and nuclear attacks.

"During some of these attacks it's important that our equipment is on correctly, fits properly and we have a wing-

man conduct a buddy check to guarantee you're protected," said Master Sgt. Mike Walker, 188th Security Forces Squadron operations superintendent.

Another obstacle Airmen faced was working in unfamiliar situations with challenging equipment.

"Getting acquainted with our new masks and putting on the suits is something most members haven't done recently," Walker said. "We have to ensure that we know the different levels of MOPP gear, have M-9 tape in the appropriate places and we still had to continue regular duties."

The wing's top emergency manager said these exercises are meant to identify areas for improvement and highlight strengths. One of those areas he targeted for improvement was to better equip alternates for the various key positions within the scenario in case their primary members are incapacitated. It's paramount that the alternates know their roles and how to operate and fill positions in an emergency he noted.

"We noticed participants weren't familiar with certain roles and people were learning their shortfalls," Redding said. "That's why we do exercises like this. We need to see where we are weak so we can fix those areas."

The difficulties the FTX generate are intended to create obstacles that are possible in a real-world deployment. Redding said the 188th Wing will now focus on remedying those weaknesses and will work to better its proficiencies and emergency



Staff Sgt. Brandon Holmes assists Senior Airman Adam Carroll with his mission oriented protective posture gear during an ability to survive and operate exercise at Ebbing Air National Guard Base, Fort Smith, Ark., Nov. 2, 2014. The objective of the exercise was to test the wing's ability to react to various attacks. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)



# Excellence requires sacrifice

**Commentary By Maj. Shane Pair**  
188th Wing chaplain

It is hard to believe that the holiday season is already upon us. It is amazing to me that the older I get, the faster time seems to pass. As Christmas approaches, I find myself reflecting over the past year asking: "What did I accomplish? What should I have accomplished? What do I have yet to accomplish?" This line of questioning leads me to wonder: "What does it take to be excellent?"

Each day I receive various devotionals and inspirational emails. I am part of several organizations that provide me access to some of today's greatest writers, thinkers and orators. Each of them seems to hover around this idea of excellence and success. Everyone wants to know how to be successful or excellent in their careers, relationships, society and faith.

We all have a desire to be thought of well. We all want to know our life matters and we are significant. If you don't agree with me on this matter, just walk into any bookstore or go online and read the topics of books available. There are thousands of books written on self-help, career advancement, excellence and other similar topics. Even our professional military education is designed around the idea of being successful or excellent at what we do.

As I have pondered over the idea of excellence in all we do as one of the Air Force core values, I have asked myself: "How is excellence achieved in all we do?" For me, as a Christian, I begin most of my inquiries by turning to the Biblical texts. I did the same for this question as well, and as I was reading the various texts, I was thinking about this time of the year.

I turned to read the various Christmas stories, as recorded in the gospels. As I reread the stories of Jesus' birth and all that surrounded it, I noticed a theme that I am not sure I paid much attention to in the past. I noticed a lot of people sacrificed.

If one looks at the circumstances around Jesus' birth in the book of Matthew, one could discern that Mary and Joseph had to make great sacrifices in being obedient to the spirit of God as Jesus was brought into the world. The shepherds made the sacrifice of herding their livestock to an area they normally didn't. The wise men sacrificed their careers and

livelihoods to protect Jesus' life as a baby.

Finally, John 3:16 and Philippians 2:8 professes that Jesus' years later provided the greatest sacrifice by giving his life for the sin of all humanity so that we might experience the fullness of God's love for us. I understand this is a Christian viewpoint, but this is also where, historically, Christmas was derived.

On Christmas morning, many parents wake up understanding the sacrifices made on Christmas. Many have stayed up all night putting together toy after toy so the little ones, upon waking, can play with them after they find them under the tree.

Many parents scrimped and saved all year so they can buy gifts and later experience the look of joy and excitement on their children's faces, or that of their significant other. Many will even make the sacrifice of traveling and being with people they might not know all that well, just so they will know how loved they are, which I believe is the true purpose for Christmas. Nevertheless, this all takes great sacrifice.

As I think about the adage "excellence in all we do," I realize that it doesn't just happen. At some point, each military member and their family will have to decide at many points in a career to make sacrifices.

The military member will have to make the sacrifice of being physically, mentally and spiritually ready when called upon to deploy. The family members will have to be willing to say goodbye and hello multiple times in a moment's notice.

As National Guard members, each of you will give away at least one weekend every month, and for most you will give away a few more days just to ensure those with whom you work have what they need to excel in their careers in your absence. We will transition from mission to mission, and be called upon time and time again to prove we are ready when needed.

All of this is hard work and isn't easy. All of this requires great sacrifice, but the end result is excellence.

So, as we approach the end of yet another year this Christmas season, remember excellence requires sacrifice. I extend to you my sincere thanks and appreciation for living your faith, whatever that is, and for making the sacrifices necessary that allows each person and the 188th Wing to be excellent in all we do. Merry Christmas and happy holidays!



The Flying Razorback

**Col. Mark Anderson,**  
188th Wing commander

**Col. Pete Gauger,**

188th Wing vice commander

**Chief Master Sgt. Stephen Bradley,**

188th Wing command chief master sergeant

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## The Flying Razorback

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# 567th RED HORSE Squadron trains at 188th Wing's Ebbing Air National Guard Base

By Airman 1st Class Cody Martin  
188th Wing Public Affairs

Cooperation between active Air Force, the Air National Guard and the Air Force Reserve creates a Total Force Concept that helps make the U.S. Air Force dominant. The ability to deploy and train together enhances versatility and efficiency within the Air Force. This concept was put into action when the 188th Civil Engineering Squadron hosted Air Force Reservists from the 567th Rapid Engineer Deployable Heavy Operational Repair Squadron Engineer Squadron. The 188th CES afforded the 567th RED HORSE Squadron with a number of sundry training opportunities.

"This is a very diverse group of people," said Maj. Christopher Stanmire, 567th operations officer. "We have six members of the 4th CES, as well as personnel from the 560th and 583rd RHS. With the 188th, this is definitely a Total Force operation."

The 567th RHS is a 209-person mobile squadron capable of rapid response and independent operations in remote, high-threat environments worldwide. It was established on Nov. 1, 2008, at Seymour Johnson Air Force Base, N.C.

On Oct. 29, 2014, the advanced party, or ADVON, arrived at Ebbing Air National Guard Base in Fort Smith, Ark. The ADVON was the first team involved in a three-part process that provided initial planning and set up for the exercise.

"The ADVON team goes in first and they ensure everything is ready for the reception of the main body," Stanmire said. "Then you have your first echelon called the hub which sets up the main



Members of the 567th Rapid Engineers Deployable Heavy Operations Repair Squadron Engineers (RED HORSE) Squadron (RHS) replace a gravel parking area with a concrete parking lot at Ebbing Air National Guard Base, Fort Smith, Ark., Nov. 6, 2014. The 567th RHS ventured to Ebbing Air National Guard Base to retrain on their RED HORSE capabilities with the 188th Civil Engineering Squadron. The 567th is an Air Force Reserve unit based at Seymour Johnson Air Force Base, N.C. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)

operating base. We also can deploy a second echelon called the spoke."

Every 15 months, members of RED HORSE squadrons have to train on a number of field training requirements, including expedient airfield crater repair operations, tent erection, defensive fighting positions and field messing. With these requirements in mind, leadership from the 567th RHS selected Ebbing Air National Guard Base as the place to receive their training.

"We chose this place because we don't have heavy equipment at home station and we have the opportunity to do airfield damage repair," said Stanmire. "They have outstanding venues to use heavy equipment and to train on airfield damage repair. Everything else we can get in other places, but we are hoping to get hands-on training on

equipment and resources we don't have at home station."

The 188th Wing not only provided the locale, but also support in a number of additional ways.

"We're proud of the hard work our Airmen are doing to ensure visiting units complete all their training objectives," said Col. Mark Anderson, 188th Wing commander. "That's a testament to the outstanding men and women we have in this wing. They go above and beyond to complete the mission and I'm honored to serve as their commander."

The 188th CES provided opportunities on field training requirements and the 188th Security Forces Squadron provided contingency skills training. The 188th Force Support Squadron and the 188th Logistics Readiness Squadron provided additional assistance

during the field training exercise, as well as providing physical training testing and career development course testing.

"We are very impressed with the hospitality and the availability of the equipment," said Chief Master Sgt. John Meadows, 576th RHS airfield chief superintendent. "They've just opened the doors and welcomed us as one of theirs. We really appreciate that."

The 567th RHS successfully completed all of their training objectives as well as completed a few small troop training projects. In the future, the 567th will look to return to Ebbing Air National Guard Base when they need further training.

"Fort Smith will definitely be among the top choices when we

## RED HORSE

Continued from Page 4

start looking for a training site for our next FTX,” Stanmire said. “We are extremely thankful for the 188th’s assistance, professionalism and hospitality.”



Members of the 567th Rapid Engineers Deployable Heavy Operations Repair Squadron Engineers (RED HORSE) Squadron (RHS) take down tents that were erected at Ebbing Air National Guard Base, Fort Smith, Ark., Nov. 6, 2014. The 567th RHS ventured to Ebbing Air National Guard Base to retrain on its RED HORSE capabilities with the 188th Civil Engineering Squadron. The 567th is an Air Force Reserve unit based at Seymour Johnson Air Force Base, N.C. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)



Members of the 567th Rapid Engineers Deployable Heavy Operations Repair Squadron Engineers (RED HORSE) Squadron (RHS) take down tents that were erected at Ebbing Air National Guard Base, Fort Smith, Ark., Nov. 6, 2014. The 567th RHS came to Ebbing Air National Guard Base to retrain on its RED HORSE capabilities with the 188th Civil Engineering Squadron. The 567th is an Air Force Reserve unit based at Seymour Johnson Air Force Base, N.C. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)



Members of the 567th Rapid Engineers Deployable Heavy Operations Repair Squadron Engineers (RED HORSE) Squadron (RHS) replace a gravel parking area with a concrete parking lot at Ebbing Air National Guard Base, Fort Smith, Ark., Nov. 5, 2014. The 567th RHS ventured to Ebbing Air National Guard Base to retrain on its RED HORSE capabilities with the 188th Civil Engineering Squadron. The 567th is an Air Force Reserve unit based at Seymour Johnson Air Force Base, N.C. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)



## ATSO exercise

Continued from Page 2

protocol.

"It doesn't matter if it's in a chemical environment, winter weather or natural disaster, every Airman needs to know that there is protocol and know how to use it to protect themselves," Redding said. "As supervisors we need to ensure that all our subordinates are properly trained and know how to operate in adverse conditions so that we are able to successfully complete the mission."



Airmen from the 188th Communications Flight don their mission oriented protective posture gear during an ability to survive and operate field training exercise at Ebbing Air National Guard Base, Fort Smith, Ark., Nov. 2, 2014. The objective of the exercise was to test the wing's ability to react to various attacks. (U.S. Air National Guard photo by Staff Sgt. Hannah Landeros/Released)



Members of the 188th Fire Emergency Services Flight participate in an ability to survive and operate exercise at Ebbing Air National Guard Base, Fort Smith, Ark., Nov. 2, 2014. The objective of the exercise was to test the wing's ability to react to various attacks. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)

Members of the 188th Communications Flight don their mission oriented protective posture gear during an ability to survive and operate exercise at Ebbing Air National Guard Base, Fort Smith, Ark., Nov. 2, 2014. The objective of the exercise was to test the wing's ability to react to various attacks. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)



Three 188th Security Forces Squadron Airmen stand ready in full mission oriented protective posture gear during an ability to survive and operate field training exercise at Ebbing Air National Guard Base, Fort Smith, Ark., Nov. 2, 2014. The objective of the exercise was to test the wing's ability to react to various attacks. (U.S. Air National Guard photo by Staff Sgt. John Suleski/Released)



# MMYC



## 2015 Minuteman Youth Camp

### Sunday July 19th – Friday, July 24th

**Who:** Arkansas National Guard Family Child and Youth Program  
**What:** 2015 Minuteman Youth Camp  
**When:** Sunday July 19 – Friday July 24, 2015  
**Where:** Check-in: Sroczynski Hall, Building 17300 Morris M. Moore Complex (directional signs will be posted)  
**Times:** Camper check-in: Sunday – 4 p.m. – 5:30 p.m.  
 Graduation ceremony: Friday – 12 p.m. – 1 p.m.

**Registration opens:** Jan. 5, 2015

**Deadline for submitting application:** May 1, 2015

Additional information available on [www.anguard.org](http://www.anguard.org) and Arkansas Joint Services Support Facebook page

### MMYC Questions:

#### Lead Child & Youth Program coordinator

Ng.ar.ararng.mbx.cyp@mail.mil or  
Ng.ar.ararng.mbx.mmyc@mail.mil  
Office: 501-212-4077;  
Fax: 501-212-4058

#### ARNG Child & Youth Program/ MMYC

Box 27, Camp Robinson  
North Little Rock, AR 72199

#### 2015 camp director

Ng.ar.ararng.mbx.mmyc@mail.mil  
Office: 501-212-5144

#### 2015 deputy camp director

Ng.ar.ararng.mbx.mmyc@mail.mil  
Office: 501-212-4226

## 188th Wing promotions

#### To Technical Sergeant

Derek A. Nietert  
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#### To Staff Sergeant

Brianna L. Jones  
Misty I. Wallace  
Kristi M. Whitcomb



#### To Senior Airman

Ashley S. Bailey  
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Kody E. Miller  
Kisten T. Saint Laurent  
Taylor S. Smith



#### To Airman 1st Class

Philip E. Smith III



## 188th Sexual Assault Prevention & Response Office

#### Sexual Assault Response Coordinator

Maj. Heath Allen: 479-573-5221/479-719-6667

#### Alternate Sexual Assault Response Coordinator

Maj. Mike Atwell: 479-459-1723

#### Victim advocates

Capt. Lance Griffith: 479-573-5126

Tech. Sgt. Kelly Webb: 479-573-5355

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[www.188wg.ang.af.mil/188thsaproffice](http://www.188wg.ang.af.mil/188thsaproffice)

SAFE Helpline: 877-995-5247

#### Joint Force Headquarters SARC

Jessica Hamilton: 501-212-4225





# The Flying Razorback member spotlight

## Tech. Robert G. Ellis II



Tech. Sgt. Robert G. Ellis II scans the horizon at the 188th Wing Detachment 1 Razorback Range at Fort Chaffee Joint Maneuver Training Center, Ark., Nov. 6, 2014. Ellis was selected as The Flying Razorback spotlight for the month of December. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)



**Favorite word or phrase:** “If you can’t take the heat, get yo self out the kitchen, we on a mission!” -Coolio

**Favorite super hero:** Captain America

**Favorite U.S. President:** Ronald Reagan

**Favorite historical figure:** Davy Crockett

**Favorite sport:** Football

**Favorite pro sports team:** Dallas Cowboys, Dallas Mavericks, Texas Rangers and Dallas Stars

**Favorite sports individual:** Walter Payton

**Favorite college team:** Texas Longhorns

**My worst job ever:** Miniature horse farm work hand

**My dream shopping spree:** Bass Pro Shop

**Place I’d most like to visit:** Greece

**Favorite cartoon character:** Jerry from “Tom & Jerry”

**My worst habit:** Eating too many sweets

**My pet peeves:** Cigarette smoke

**What scares me the most:** Snakes

**The person I admire most:** My mother

**The best day of my life:** When my daughter was born

**Favorite moment at the 188th:** Every day I wake up and work with first class professionals at the 188th Wing

**Hometown:** Frisco, Texas

**Job Title:** Joint terminal attack controller

**In the 188th:** Since July 2014

**Education:** Information systems tech degree at the Community College of the Air Force

**Hobbies:** Hunting, fishing, archery and anything outdoors

**Goal:** Become the Command Chief Master Sgt. of Arkansas Air National Guard

**Favorite TV show:** “Game of Thrones”

**Favorite actor:** Matthew McConaughey

**Favorite animal:** My Labradoodle, Cash

**Favorite comedian:** Eddie Murphy

**Favorite movie:** “Apocalypse Now”

**Favorite automobile:** Dodge Ram

**My first car was:** Chevy truck

**Favorite restaurant:** Cracker Barrel

**Favorite soft drink:** Half sweet, half unsweet tea

**Favorite foods:** Subs, Italian and American

**Favorite book:** “101 Ways to Kill a Zombie”

**Favorite author:** Ernest Hemingway

**Favorite music:** Red dirt country

**Favorite musical group and singer:** Reckless Kelly and Jason Boland

## Combined Federal Campaign 2014



The Combined Federal Campaign (CFC) will be Oct. 1 through Dec. 9, 2014. Support is needed for those less fortunate and those struck by tragic events. Last year the Arkansas National Guard donated over \$160,000 in CFC contributions. Generous support of the CFC ensures that someone will be there to lend a supporting hand. Last year, the 188th Wing raised \$8,148 and this year we want to raise the bar higher and set a goal of \$10,000 or higher.

There are approximately 371 full-time, which would require each person at a minimum to donate \$30 to help lives that have been struck by a tragic event. Support the CFC and help raise the bar and exceed the minimum of \$30 to help us those that are less fortunate.



# NGAA/EAANG Scholarships available

Fifty \$750 college scholarships will be awarded by National Guard Association of Arkansas (NGAA) and Enlisted National Guard Association of Arkansas (EAANG) to members and their dependents for the school year 2015-2016. The scholarships apply to full time or part time enrollment at in-state or out-of-state colleges, four-year colleges, vocational training or post graduate studies. The scholarships may be used for any and all college expenses. Members of the Arkansas National Guard, their dependents and dependents of deceased members of the Arkansas National Guard may apply. Applicant, or his or her sponsor, must be a current member of NGAA or EAANG, must have paid dues for 2015 and must be covered under the NGAA state sponsored life insurance (SSLI) program. Scholarship applications may be completed and submitted online or downloaded from the NGAA website ([www.ngaa.org](http://www.ngaa.org)). Copies are available at the NGAA office at Camp Joseph T. Robinson, North Little Rock, AR, building 8100.

Deadline for submission of completed applications is Jan. 15, 2015, and applications must be received or be postmarked to the National Guard Association of Arkansas Scholarship Program, P.O. Box 663, North Little Rock, AR 72115, by that date.



## 188th Logistics Readiness Squadron to hold officer board

The 188th Logistics Readiness Squadron will be holding a selection board to hire up to two Logistic Readiness Officers (Air Force Specialty Code 21R). Applicants must have qualifying Air Force Officer Qualification Test scores and have passing Air Force physical training scores. In addition, applicants must possess a bachelor's degree or have completed at least 90 semester hours of post-secondary education with the ability to obtain a degree within one year. Please contact Tech. Sgt. Eric Martin, 188th Wing Recruiting Office, with questions at 479-573-5138 or email at [eric.martin@ang.af.mil](mailto:eric.martin@ang.af.mil). Packages must include an Air Force Form 24 and a current resume. Packages are due to the 188th Recruiting Office no later than Dec. 20, 2014. We anticipate conducting the selection board during the January 2015 unit training assembly.



## Holiday cheer brings safety tips

**By Senior Master Sgt. Michael Francis**  
188th ground safety manager

Last Christmas we took a look at holiday safety from Santa's point of view. This year let's look at safety by playing on the words of some of my favorite Christmas carols. It's the most wonderful time of the year once again, and as you deck the halls with boughs of holly, please remember fire safety.

If one opts for a real tree during the holidays, make sure to keep it watered regularly. I don't recommend watering your artificial oh Christmas tree. Always make sure your decorations are in good condition and that you use only approved lights on your house and tree and never use indoor lights for outdoor applications.

You certainly don't want to be singing oh come all ye faithful to the local fire department.

If you are going to be up on the housetop putting up decorations, be sure to check out your ladder prior to use. An extension ladder should extend three feet past the roofline for optimal safety, and you should never stand on the top rung of any ladder.

You wouldn't want to spend the twelve days of Christmas in the hospital, have an oh holy night in the emergency room or be away in a manger on bed rest would you? Worse yet, you might hear hark the herald angels sing as the angels we have heard on high come for you after a nasty fall from your roof.

If you are traveling this holiday season to the little town of Bethlehem or maybe somewhere a little closer, be sure to check out your vehicle prior to your trip. Whether you travel by sleigh ride or your car, ensure that your vehicle is in good condition, check the weather and don't drive extremely for extremely long hours. Fatigue can be a factor in vehicle accidents, so be sure to take plenty of breaks.

As you prepare to have yourself a merry little Christmas take a few minutes to think

about safety. We here in the 188th Wing Safety Office hope you have a silent night and we wish you a merry Christmas. If you are wondering where I got the idea for this article well, it came upon a midnight clear to me. Stay safe!





# 188th Wing partners with local elementary for 'MASH Bash'



Master Sgt. Lanette Hunt applies camouflage face paint to a student during a fall festival MASH Bash at Sutton Elementary School in Fort Smith, Ark., Oct. 30, 2014. Hunt is assigned to the 188th Communications Flight. (U.S. Air National Guard photo by Staff Sgt. Hannah Landeros/Released)



Tech. Sgt. Yolanda Winston, left, and Master Sgt. Brian Mays bandage a student's head during the fall festival MASH Bash at Sutton Elementary School in Fort Smith, Ark., Oct. 30, 2014. Winston is assigned to the 188th Medical Group and Mays is a member of the 188th Force Support Squadron. (U.S. Air National Guard photo by Staff Sgt. Hannah Landeros/Released)

## The 188th has been an integral part of the Partners in Education Program for more than 20 years.



Students at Sutton Elementary line up during the fall festival MASH Bash for face painting and triage by Airmen assigned to the 188th Wing, Oct. 30, 2014. (U.S. Air National Guard photo by Staff Sgt. Hannah Landeros/Released)



Major Bridgette Scott dresses a student's simulated wound during the fall festival MASH Bash at Sutton Elementary School in Fort Smith, Ark., Oct. 30, 2014. Scott is assigned to the 188th Medical Group. (U.S. Air National Guard photo by Staff Sgt. Hannah Landeros/Released)



Tech. Sgt. Karen Fletcher treats a student's simulated head injury at Sutton Elementary School in Fort Smith, Ark., Oct. 30, 2014. Fletcher is assigned to the 188th Logistics Readiness Squadron. (U.S. Air National Guard photo by Staff Sgt. Hannah Landeros/Released)

## 188th Wing showcases missions at Partners in Education career day



Staff Sgt. Caressa Soriano (left) and Staff Sgt. Hannah Landeros educate students at Sutton Elementary on mission oriented protective posture gear during career day Nov. 6, 2014. Soriano is assigned to the 188th Logistics Readiness Squadron and Landeros is a member of the 188th Wing Public Affairs. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)



Lt. Col. Judith Mathewson speaks to children during career day at Sutton Elementary in Fort Smith, Ark., Nov. 6, 2014. Mathewson is the 188th Mission Support Group deputy commander. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)



## Airmen from the 188th Wing volunteer to assist students in the community through the local Partners in Education program.

Senior Airman Kristen Grimm and Master Sgt. Greg Qualls present vehicle maintenance equipment to students at during career day at Sutton Elementary, Nov. 6, 2014. Grimm and Qualls are assigned to the 188th Logistics Readiness Squadron. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)

Master Sgt. Craig Gardner (left) and Master Sgt. Michael Aponte conduct a presentation on the intelligence, surveillance and reconnaissance (ISR) mission during career day at Sutton Elementary school in Fort Smith, Ark., Nov. 6, 2014. Gardner and Aponte are assigned to the 188th ISR Group. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)



Lt. Col. Toby Brallier conducts a presentation on his career as part of the Partners in Education program at Sutton Elementary school in Fort Smith, Ark., Nov. 6, 2014. Brallier is assigned to the 188th Operations Group. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)





## Love and war: How to have good relationships with the people you love

**Commentary by Mr. Geoff Gibson**  
188th director of Psychological Health

*Editor's note: Geoff Gibson won the 2013 Director of Psychological Health of the Year award for the entire Air National Guard. In addition to his role as the director of Psychological Health for the 188th Wing, he is a licensed marriage and family therapist.*

Going into the new mission for the 188th Wing, every single one of us has a real opportunity to perform an active, meaningful role in our nation's defense on a daily basis. Our new mission is important, and your contribution to our mission really matters. However, there is a time for war and a time for peace.

Although we will have the capacity to wage war directly from Fort Smith, we also need to be able to feel security and peace in our own homes and relationships. Too often our homes and relationships are filled with conflict. We argue and fight (or avoid) the people who we love and are closest to.

Relationship conflict is one of the most common issues that erode 188th members' resilience and distract from successful mission completion. Emotions, such as feeling hurt, abandoned, betrayed or neglected, fuel conflict in relationships. But expressing emotion effectively can heal our relationships and bring us closer together. Your relationships will improve as you become more aware and proactive regarding your own emotions, and take responsibility for how you express them.

Primary emotion binds us together, but secondary emotion pushes us apart. Primary emotions are the basic feelings which we have such as love, bonding, fear, hurt and disappointment. Expressing these primary emotions typically pulls people together and gives us a feeling of truly understanding and being

understood in our relationships.

However, if we don't express these feelings in their original primary form, we then express our feelings in more destructive secondary forms such as anger, blaming, accusations, hostility and coldness. For example, you might feel hurt and abandoned that your partner is not there for you in the manner you need.

If you express that primary emotion directly by saying, "I need to feel that you are there for me" or "I feel lonely when you are not here for me," you are much more likely to get what you need than by expressing that feeling using secondary emotion and saying, "You are never there for me" or "You are an untrustworthy, two-timing, no-good person."

To fuel bonding rather than conflict in your relationships, be aware of your own feelings and the language you are using to express them. When you feel hurt or abandoned, try to express these feelings directly and in their primary form instead of turning them into accusations which further damages the relationship and get you even less of what you really need.

One easy tip, saying the phrase "I feel" instead of "you always" or "you never" keeps you on track with primary emotions, and increases your opportunity for effective bonding and communication.

As always, consult your Airman care team (chaplain, director of Psychological Health, Airman and Family Readiness program manager) for additional support when needed. We care about you and want to help you be resilient and successful.

## Don't report to work intoxicated or impaired

The importance of proper rest cannot be overstated when it comes to mission preparedness. Fatigue from lack of sleep can cause loss of focus and contribute to mishaps. Several Air Force Specialty Codes have specific work and rest guidelines. Understanding these guidelines is important to ensure safety and effectiveness. Know the rules and always allow adequate time for rest.

Compliance with restrictions on alcohol consumption is equally important. Reporting to work while under the influence of alcohol may compromise safety and is a violation of the Uniform Code of Military Justice and Arkansas Code Annotated that will result in discipline. Be aware of specific alcohol restrictions for your career field and always report sober and ready for work.

Lastly, keep in mind that many prescription medications may also cause drowsiness or mental impairment. Never drive or try to work under these conditions. Inform your supervisor of medications that may affect your ability to perform your job safely and effectively so accommodations can be made.

## New tobacco policy takes effect January 2014

Beginning in January the 188th Wing will begin decreasing the number of designated tobacco areas (DTAs) on base from 14 to 8. The instruction's intent is designed to minimize the adverse impact of tobacco use on health, mission readiness and unit performance.

Tobacco use on the installation is restricted to DTAs. Tobacco use outside of DTAs, including while walking to and from, is prohibited.

Additional information on the locations of the DTAs and responsibilities on maintaining the areas will be provided in December by unit leadership and facility managers.

## GTIP applications due

The next available Guard Tuition Incentive Program (GTIP) application period is Nov. 1 through Dec. 15 for the spring semester. No early or late GTIP applications will be processed. In order to process GTIP applications completely ensure that all required documents are attached to the GTIP applications at the time of submission like an unofficial transcript if GTIP has been previously received. Incomplete GTIP applications will not be processed.

GTIP eligibility: 15 years or less time in service; 50 or higher AFQT score; enrolled as a full-time student at an Arkansas-approved school; current drilling member and in good standing in the Arkansas National Guard; undergraduate degrees only

Please come by the office and pick up an application and return it to the 188th Base Education and Training Office (BETO) in the headquarters building no later than Dec. 12, 2014. Members who have any questions, can contact the BETO at 479-573-5330. The GTIP regulation and Forms can be found at: <http://www.arguard.org/Education/GTIP.htm>



## Strong mentorship promotes success, motivates Airmen to strive for excellence

**Commentary by Chief Master Sgt. Kerry Mitchell**  
188th Wing human resources advisor

Almost every successful leader, civilian or military, will attest to having that unique person or persons, who motivated, inspired or helped them in a way that led to career success. Of course, there are many people from every walk of life that fulfill this role every hour of every day. It could be a parent, a teacher, a coach, a pastor or a friend or even a trustee co-worker.

In the relationships of our profession in the Air National Guard we call this process mentoring, and those who come alongside to guide us are mentors. Mentoring is the art of transmitting knowledge and experience through our interpersonal relationships.

The term mentor comes from Greek mythology. In *The Odyssey*, Mentor was the wise and trusted counselor whom Odysseus chose for his son Telemachus. Therefore, to be called a mentor means to be a wise and trusted counselor or teacher. The great philosopher, Socrates, took on this role for young men who demonstrated great leadership potential.

Mentoring has always been an indispensable and vital part of the Profession of Arms. It has molded and motivated our greatest leaders throughout the history of our military.

In recent years, the necessity of a functioning mentorship program in the Air Force is now front and center, in part because of a changing landscape in which failure to effectively develop our people is not an option. Although mentoring relationships will naturally occur in any context, the question of what is the best way to go about it has been the subject of many discussions.

Because of the importance of mentoring to the development of our organizations, a number of formal mentoring programs have been implemented throughout the ANG with mixed results. At the 188th Wing we face several challenges such as time investment, budget cuts, complex mission conversion and training requirements. Those challenges combined with program tracking certainly make the efforts of sustaining a formal program an arduous one. But it's also a necessary undertaking.

As priorities and leadership changes, we will have to be proactive and flexible in adapting to the needs of our Airmen. The 188th Wing has many new and fascinating opportunities in front of it and we all need to take the lead in encouraging and promoting an organizational culture where mentoring is valued and where each member is

able to achieve their maximum potential.

I asked the four new squadron commanders within the newly activated 188th Intelligence, Surveillance and Reconnaissance Group about their perspective on the importance of mentoring in their squadrons. They believe that mentoring is about motivating and that the daily process of interaction with their Airmen and getting to know them is essential to setting their personnel up for success.

They also noted that the common denominator for squadrons to be successful is determined by an astute awareness of how well their lowest ranking Airmen are doing. They expressed the need for senior leadership to exhibit an in-depth interest in seeing that mentorship is an innate part of the culture of our Airmen wing-wide. And finally, it was clear that they believed noncommissioned officers and officers should ensure that mentoring is occurring within each squadron.

Their insight on the nature of mentorship proves they understand the critical aspect of formally and informally preparing future leaders to ensure our wing continues its heritage of excellence as we embark on a new and exciting journey in this new mission.

I remember during my formative years as a young Airman; my supervisor was the person who served as the mentor who helped me in developing to my fullest potential. Looking back, I realize that he wasn't the only mentor in my life, but was one chapter in a book of remarkable people that provided the instruction, support and guidance that gave me a vision of what my future could be. We as leaders have to ensure that our Airmen have the opportunity and motivation to reach their goals.

Mentoring can take place in a wide variety of settings and most times it's the informal personal interaction that is most effective. Just like effective leadership, it is those intangibles that can't be measured that often make the most difference. Astute leaders know when it exists and they know when it doesn't.

As chiefs, supervisors, NCOs and Airmen we must realize the importance of mentorship in developing and preparing all of our diverse Airmen for success throughout their career. We must coordinate our effort to help develop a highly effective team that truly promotes success.

## Fort Smith Marathon set for February

The inaugural Fort Smith Marathon will take place on Sunday, Feb. 8 beginning at 8 a.m. The event includes a full marathon, half marathon and four-person relay. Members who wish to participate or volunteer may be excused from the first period of unit training assembly (UTA). In order to run the race in UTA status, members must pay their own entry fee, wear Air Force PT gear and return to work promptly after the race ends.

For more information about the marathon visit: [www.fortsmithmarathon.com](http://www.fortsmithmarathon.com) or for questions regarding UTA status, contact Maj. Jim Garvey at 479-573-5760.

## Undergraduate pilot training board

The 188th Wing will conduct an Undergraduate pilot training (UPT) board for individuals wishing to become remotely piloted aircraft (18X) pilots. Minimum requirements include United States citizenship, bachelor's degree or on track to graduate in May 2015, passing scores on the Air Force Officer Qualification Test, the ability to pass a Flying Class II physical and be younger than 30 years old.

The upcoming UPT Board will meet Feb. 7, 2015. The deadline for applications is Jan. 9, 2015. For a complete list of requirements or additional information, please call 479-806-5191 or email the following individuals: Tech Sgt. Jeff Mathews at [william.mathews@ang.af.mil](mailto:william.mathews@ang.af.mil).



Air Staff officials will institutionalize the remotely piloted aircraft pilot career field by establishing undergraduate RPA training. (U.S. Air Force graphic/Nick Medrano)

## Now accepting nominations for 2015 Secretary of Defense Employer Support Freedom Award

By Employer Support of the Guard and Reserve

WASHINGTON – Employer Support of the Guard and Reserve (ESGR), a Department of Defense office, is now accepting nominations for the 2015 Secretary of Defense Employer Support Freedom Award. The Freedom Award is the Nation's highest honor presented to civilian employers for exceptional support of their National Guard and Reserve employees. ESGR encourages Guardsmen, Reservists or family members acting on their behalf to submit nominations at [www.FreedomAward.mil](http://www.FreedomAward.mil) by Jan. 19, 2015.

Guard and Reserve members comprise nearly one-half of our nation's military force. They provide essential services to maintain national security and conduct humanitarian efforts at home and abroad. The un-

their families.”

A Freedom Award ceremony is held in Washington, D.C. for up to 15 deserving employers each year. The Freedom Award recognizes employers who go above and beyond in supporting members of the Guard and Reserve, from continuing benefits and healthcare during deployments, to helping with home maintenance and sponsoring veteran hiring initiatives. Service members can thank employers for their exemplary support by submitting a Freedom Award nomination today.

ESGR is a Department of Defense office that develops and promotes supportive work environments for service members in the Reserve Components through outreach, recognition and edu-

wavering commitment of their employers helps keep our military prepared and our Nation protected.

“Every day, employers large and small work to ease the burden on those who serve by providing workplace flexibility, career opportunities and dedicated support,” said Paul Mock, ESGR national chair. “The Freedom Award is one way we can thank the employers that stand behind our Guardsmen, Reservists and

cational opportunities. ESGR encourages the employment of Guardsmen and Reservists, who bring integrity, global perspective and proven leadership to the civilian workforce. On behalf of the Secretary of Defense, ESGR runs the annual Secretary of Defense Employer Support Freedom Award program. The Freedom Award has been presented to 205 employers since it began in 1996.

## 188th Wing intel officer honors employer with ESGR Patriot Award



2nd Lt. Joshua Westmoreland, middle, presents his civilian employer supervisor, Chris Campbell, left, with an Employer Support of the Guard and Reserve (ESGR) Patriot Award, Oct. 28., in Stillwater, Okla., as ESGR representative Marcus Whitt observes. Westmoreland is an intelligence officer with the 153rd Intelligence Squadron of the 188th Wing located in Fort Smith, Ark., and works at the Oklahoma State University Foundation in his civilian job. The ESGR Patriot Award was created to publicly recognize individuals like Campbell, who have provided outstanding patriotic support and cooperation to their employees who have answered their nation's call to serve. (Courtesy photo)

## 188th Wing updates retirees on mission conversion, showcases RED HORSE capabilities



Senior Master Sgt. Gary Skelton of the 188th Civil Engineering Squadron gives a briefing on the 188th Rapid Engineer Deployable Heavy Operational Repair Squadron Engineer capabilities at Ebbing Air National Guard Base, Fort Smith, Ark., Oct. 29, 2014. The briefing was the final leg of a base tour given to the Old Guard, a group of 188th Wing retirees. In addition to a base tour, more than 80 members of the Old Guard received an update briefing on the 188th's on-going conversion from a fighter mission to remotely piloted aircraft and intelligence, surveillance and reconnaissance mission sets. (U.S. Air National Guard photo by Maj. Heath Allen/Released)



## Under pressure: 188th Wing conducts mass casualty exercise



Airman Basic Chris Lawson, 188th Wing Student Flight member, acts as an unconscious victim during a mass casualty exercise at Ebbing Air National Guard Base, Fort Smith, Ark., Nov. 2, 2014. The purpose of the exercise was to test Airmen's ability to triage Airmen while facing possible attacks. (U.S. Air National Guard photo by Staff Sgt. John Suleski/Released)



Members of the 188th Student Flight role play as victims of a simulated rocket attack during a mass casualty exercise at Ebbing Air National Guard Base, Fort Smith, Ark., Nov. 2, 2014. The purpose of the exercise was to test Airmen's ability to triage personnel while facing possible attacks. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)



Airmen from the 188th Medical Group provide self-aid and buddy care for simulated injured wingmen during a mass casualty exercise at Ebbing Air National Guard Base, Fort Smith, Ark., Nov. 2, 2014. Student Flight Airmen volunteered to participate as casualties throughout the exercise. The purpose of the exercise was to test Airmen's ability to triage personnel while facing possible attacks. (U.S. Air National Guard photo by Airman 1st Class Cody Martin/Released)



Members of the 188th Wing conduct a mass casualty exercise at Ebbing Air National Guard Base, Fort Smith, Ark., Nov. 2, 2014. The Student Flight role played as casualties that resulted from a simulated rocket attack. The purpose of the exercise was to test Airmen's ability to triage personnel while facing possible attacks. (U.S. Air National Guard photo by Staff Sgt. Hannah Landeros/Released)



## 188th Med Group to hold officer board

The 188th Medical Group will hold a nursing board in January 2015. Applicants must possess a bachelor of science in nursing to be qualified for this position. Packages need to include Air Force Form 24, current passing PT score, current 422 from the clinic indicating the member is world wide qualified. The deadline for packages is close of business Dec. 8, 2014. Please contact Tech. Sgt. Eric Martin in the recruiting office at 479-573-5138 or via email at eric.martin@ang.af.mil.



## Keep homes free of tree fires

By Staff Sgt. Eric Davey  
188th Fire Department

Christmas trees are a staple of the holiday season, but without proper care the flashing lights and tinsel can turn into a holiday tragedy. Although Christmas tree fires are not common, they can occur and become life threatening.

Help keep homes safe by following the following helpful safety tips. When selecting a tree, choose one with fresh, green needles that do not fall off when touched. Cut the tree two inches from the base of the trunk before placing it in the tree stand and ensure the tree does not block an exit, such as a door or window.

Place the tree at least three feet away from heat sources such as fireplaces, radiators, candles, heat vents or lights and water your tree daily. Verify that any worn or broken lights or extension cords are replaced

before you decorate and trim the tree and use recognized laboratory tested products (imported lights not recommended). Always use bulbs rated for indoor use and do not connect

more light strands together than the manufacturer recommends.

Never use lit candles on a Christmas tree and always turn off the tree before leaving the home or going to bed.

Following these steps can ensure a safe and merry holiday season. Remember, it's always better to spend

your holidays with your families, rather than an insurance adjuster or local fire department.



## Citizen Airman Dining Facility menu

### Saturday, Dec. 6-Holiday meal

Turkey, ham, turkey gravy, dressing, mashed potatoes with gravy, whole kernel corn, glazed sweet potatoes, peas, cranberry sauce, pecan pie, assorted cheesecakes, pumpkin pie, ice cream, coffee, tea and milk

### Sunday, Dec. 7

Hamburger, cheeseburger, hot dog, chili dog, baked beans, baked potato bar, salad bar, yellow cake with chocolate icing, ice cream and tea and milk

### Short-order line

Same as main line

**NOTE:** Civilians and family members are not permitted to eat in the Citizen Airman Dining Hall. The one exception is the annual holiday meal.



## 188th Wing Unit Training Assembly news





# Flying Razorback Flashback

*Remembering the history of the 188th Wing from the Public Affairs photography archive*



Airmen from the 188th Tactical Reconnaissance Group (now the 188th Wing) gather together for the annual unit Christmas dinner in 1965 at what is now Ebbing Air National Guard Base in Fort Smith, Ark. (Courtesy photo/released)

## Join the 188th Wing: Your hometown Air Force

The Air Force Specialty Codes (AFSCs) below are eligible for the Air National Guard national and local incentives. These incentives are effective Oct. 1, 2014, until Dec. 31, 2014. The incentive program will be reviewed each quarter by the National Guard Bureau to determine which AFSCs will be authorized a bonus.

The incentives for non-prior service enlistments include \$20,000 cash and the G.I. Bill Kicker. Current members may receive \$7,500 cash for a three-year reenlistment and \$15,000 cash and the G.I. Bill Kicker for a six-year reenlistment.

Contact Master Sgt. Keith Freeman in the 188th Retention Office at 479-573-5360 for any questions regarding the reenlistment bonus program.

Contact the 188th Recruiting Office at 479-573-5728 with questions concerning joining the Air National Guard.

### NATIONAL LIST

- 1N0X1 OPERATIONS INTELLIGENCE
- 1N1X1 GEOSPATIAL INTELLIGENCE
- 1N4X1 NETWORK INTELLIGENCE ANALYST
- 1U0X1 RPA SENSOR OPERATOR
- 2W0X1 MUNITIONS SYSTEMS
- 3D1X2 CYBER TRANSPORT SYSTEMS
- 3D1X3 RF TRANSMISSION SYSTEMS
- 3E4X1 WATER AND FUEL SYSTEMS MAINTENANCE
- 3P0X1 SECURITY FORCES
- 3S2X1 EDUCATION AND TRAINING
- 4N0X1 AEROSPACE MEDICAL SERVICE

### LOCAL LIST

- 1N2X1 COMMUNICATION SIGNALS INTELLIGENCE
- 3E2X1 PAVEMENTS AND CONSTRUCTION EQUIPMENT

