The Flying Razorback

188th Wing Arkansas Air National Guard Ebbing ANG Base, Fort Smith, Arkansas May 2015

Air National Guard engineers pave the way

188th RED HORSE Training Center recertifies Airmen

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188th Airmen earn state accolades 8

188th CES Airmen impart milling and asphalt training

By Senior Airman Cody Martin
188th Wing Public Affairs

Members of the 188th Civil Engineer Squadron provided training for milling and asphalt from April 13-24, 2015, to a member of the Ohio Air National Guard's 200th Rapid Engineer Deployable Heavy Operational Repair Squadron Engineer (RED HORSE) Squadron, as well as members of the 188th Wing requiring recertification, at Ebbing Air National Guard Base, Fort Smith, Arkansas.

The 188th CES RED HORSE Training Center is the first in the Air National Guard and provides special capabilities training for RED HORSE personnel, including recertification, which occurs every three years.

The milling and asphalt training occurred on the airfield damage repair pad and Senior Master Sgt. Robert Haag II, RHTC senior instructor, provided critical oversight for the training.

Members of the 188th Civil Engineer Squadron provide their members and a member of the 200th Rapid Engineer Deployable Heavy Operational Repair Squadron Engineer Squadron undergo training with asphalt at Ebbing Air National Guard Base, Fort Smith, Ark., April 21, 2015. The 188th RED HORSE training center provided asphalt training from April 21-24.(U.S. Air National Guard photo by Senior Airman Cody Martin/released)

"We are doing the asphalt paving and milling training," Haag said. "We also do special capabilities training with volumetric mixing, which is mixing up concrete in a portable concrete batch plant, concrete paving, crane operations and horizontal drilling."

The milling class instructed civil engineers on the functions of the machines used as well as hands-on training by physically milling a strip of asphalt that was laid down. The milling machine can mill a surface from just skimming it to milling a strip of asphalt six inches deep.

Master Sgt. Bryan Sutton prepares to load crusher dust at Ebbing Air National Guard Base, Ark., during annual training, April 21, 2015. Crusher dust is utilized during asphalt training to teach the proper techniques and procedures when laying asphalt. Sutton is assigned to the 188th Civil Engineer Squadron. (U.S. Air National Guard photo by Staff Sgt. Hannah Dickerson/released)

Asphalt training involved different scenarios with various road conditions featuring overhead power lines, intersections, curbs, gutters and parking lots. The Airmen are instructed on different ways to lay the asphalt out and the process of how to roll it.

"This training teaches us to implement good instruction techniques to the students coming through," Haag said. "For the students, they can take the knowledge they learned here and pass that knowledge to other Airmen."

Airman 1st Class Andrew Sneeringer, 200th RHS member, attended the training provided at the 188th Wing and impressed his instructors.

"Sneeringer was very attentive and did an outstanding job with learning how the machines operated while also performing excellent hands-on training with both machines," Haag said. "The knowledge for which he gained operating the asphalt

SEE **RED HORSE** PAGE 10

188th Wing prayer breakfast slated for May 2 in Citizen Airmen Dining Hall

The 188th Wing Chaplain's Office would like to invite you to the 188th Wing commander's prayer breakfast, Sunday, May 2, 2015. The breakfast will be held at Ebbing Air National Guard Base's Citizen Airman Dining Facility and begin at 7:30 a.m. with guest speaker Brig. Gen. Keith A. Klemmer. Eggs, bacon, biscuits and gravy will be served with coffee, juice and milk to drink. This event is free and open to all 188th Airmen. Hope to see everyone there.

Expeditionary Skills Rodeo underway

188th Wing Airmen participate in the Expeditionary Skills Rodeo at Ebbing Air National Guard Base, Fort Smith, Ark., April 12, 2015. Participants were trained in chemical, biological, radiological and nuclear hazards as well as self-aid buddy care. (U.S. Air National Guard photo by Senior Airman Cody Martin/released)

(U.S. Air National Guard photo by Staff Sgt. John Suleski/released)

The Flying Razorback

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The Flying Razorback

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ARKANSAS

188th Wing joins U.S. Air Force 50 Summits Challenge

By Chief Master Sgt. Ron Redding
188th Wing installation emergency manager

The United States Air Force 50 Summits project is dedicated to assisting Airmen in flying the U.S. Air Force flag from the highest point in all 50 states.

On Friday, May 8, 2015, the 188th Wing will host the Arkansas portion of the U.S. Air Force 50 Summits Challenge. The highest point in Arkansas is Mount Magazine's Signal Hill. The hike is approximately 10 miles and the last portion is all uphill.

Participants need to arrive at the Cove Lake swim area prior to 7:45 a.m. to ensure all personnel receive safety briefings. The hike up Mount Magazine to Signal Hill will start at 8 a.m.

Individuals wanting to participate need to sign up on the official USAF 50 Summit Challenge website (http://www.usaf50summits.com/arkansas.html). All hikers, drivers, support and volunteers must sign up to through this website.

Personnel may join the hike on Facebook, but it is not an official sign up (https://www.facebook.com/events/350666238467589/).

Shorter hike options are available. The shortest hike is 4 miles and the second is 7.5 miles. Persons hiking a shorter distance are welcome to rejoin the group at Cameron's Bluff to finish the hike up to the top.

Parking will be located at Cove Lake swimming area and is limited, so carpool if possible.

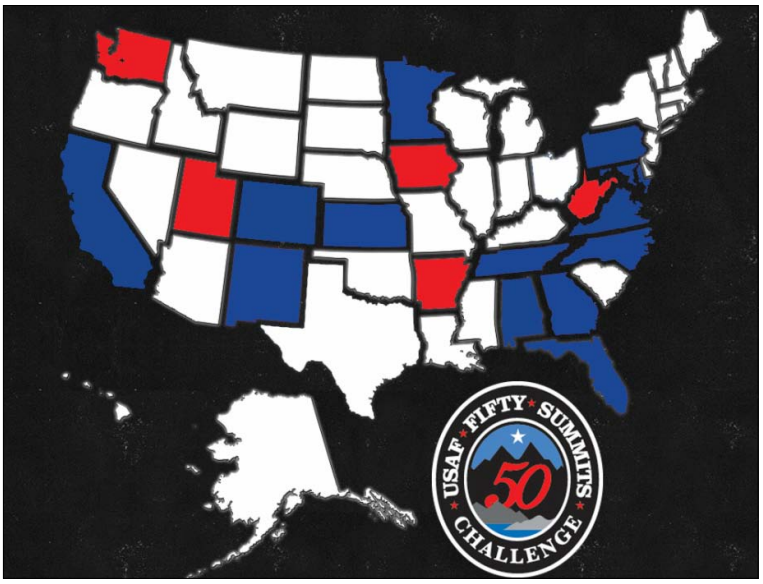
Volunteer drivers, a photographer and aid station workers for accountability are still needed.

This is a well-marked trail with some challenging aspects. Ensure the appropriate attire is worn for the hike and hydrate often, especially prior to the hike.

Help show Air Force pride and wear an AF T-shirt or blue and grey colored attire for the group photo with the American flag, U.S. Air Force flag and Arkansas State flag at the end of this journey.

For more information about the U.S. Air Force 50 Summit Challenge please contact the Arkansas team leaders, Chief Master Sgt. Ron Redding or Senior Master Sgt. Mike Francis.

Redding can be reached via email at ronald.redding@ang.af.mil or at 479-573-5206 and Francis via email at michael.francis@ang.af.mil or at 479-573-5127.



188th Wing bids farewell to fallen wingman

Staff Sgt. Ben Sons lowers the flags to half-staff as Staff Sgt. Quincy Cherry salutes at Ebbing Air National Guard Base, Fort Smith, Ark., April 1, 2015. The flags were lowered in honor of Tech. Sgt. Todd Mayeaux, who passed away on March 31, 2015. (U.S. Air National Guard photo by Senior Airman Cody Martin/released)

Ernie's journey: Coast-to-coast

By Airman 1st Class Devin Boyer
17th Training Wing Public Affairs

STERLING CITY, Texas — Ernie Andrus, 91-year-old U.S. Navy World War II veteran, ran 7.11 miles through Sterling City March 26, 2015, as part of his cross-country journey from the Pacific Ocean to the Atlantic Ocean.

Andrus was one of the crew that brought the USS LST-325, a tank landing ship, back from the Isle of Crete, Greece to the United States from 2000 to 2001, to display the ship as a museum.

He now runs across the U.S. in hopes of raising enough money to return the ship to Normandy, France, for the 2019 D-Day memorial service, its 75th anniversary, and beach it at the same location where it was on D-Day.

"When I ran my first 200-mile relay, I was 88 years old and I got so much attention," said Andrus. "I thought, 'gee, if I get that much attention on a relay, what if I actually did that cross country? Maybe I could raise some money for the ship and get it back to Normandy."

With this goal in mind, Andrus drives his recreational vehicle to various cities where he completes a distance run. Andrus averages from a half to full marathon a week.

Andrus updates his fans along the way on his social media page where hundreds of people cheer him on and sometimes meet up with him to join him on his adventure.

Team Red, White and Blue members from Goodfellow Air Force Base, Texas, joined him on his run through Sterling City.

Ernie Andrus, U.S. Navy World War II veteran, poses for a photo with Team Red, White and Blue members March 26, 2015. Andrus is running coast-to-coast in hopes to raise enough money to return the USS LST-325, a tank landing ship, to Normandy, France, for the 2019 D-Day memorial service and 75th anniversary. (U.S. Air force photo by Airman 1st Class Devin Boyer) Team RWB accompanied Andrus in his 7.11 mile run through Sterling City, Texas. (U.S. Air force photo by Airman 1st Class Devin Boyer)

"I was in a state of awe the entire leg," said Army Sgt. 1st Class Eric M. Murray, 344th Military Intelligence Battalion course supervisor and Team RWB representative. "I was completely amazed at what Mr. Andrus was doing. I am going back on Saturday to accompany him on the next leg of his journey."

The 91-year-old veteran has met some obstacles along the way, but that did not stop him from completing his mission.

Ernie Andrus, a U.S. Navy World War II veteran, runs through Sterling City, Texas, March 26, 2015. Andrus is running coast-to-coast in hopes to raise enough money to return the USS LST-325, a tank landing ship, to Normandy, France, for the 2019 D-Day memorial service and 75th anniversary. Andrus drives his recreational vehicle to various cities from California to Georgia where he completes a distance run at each stop. He averages from a half to full marathon a week. (U.S. Air force photo by Airman 1st Class Devin Boyer)

"Ernest Andrus is the epitome of resilience," said Murray. "He has overcome so much on his journey. He has not let age slow him down; he overcame bad weather, tough terrain, expenses, broken down vehicles that slowed down his progression and even the death of his wife, yet he never quit."

Andrus' wife had a stroke while he was three weeks into his cross-country journey. When he received the phone call, he went back home to be with his wife in her dying hours. After she passed, he continued his journey to complete his goal.

Marine Corps Sgt. Tyler V. Gile, 316th Training Squadron instructor and Team RWB representative, also shined light on Andrus' resiliency.

"Ernie has been through more than anyone can ever imagine, and he still finds the will to get up every single morning, get on Facebook, update everyone, answer all questions, respond to all friend requests, answer all emails, and then he goes and runs five to seven miles every other day," said Gile. "Seeing just how determined he is to complete his mission is awe inspiring."

After the run, Murray presented Andrus with his battalion's coin for excellence.

Andrus' journey continues as he makes his way through Texas.

There will be two events in Texas June 27-28. The first is "Dinner with Ernie" at the American Legion Love Field June 27. To register: https://www.eventbrite.com/d/tx--dallas/dinner-with-ernie/.

There will also be a 5K run on June 28 at Katy Trail. To sign up visit https://www.eventbrite.com/d/tx--dallas/ernie-is-in-dallas/.

For more information please contact Julie Anderson via email at dreamstella2@gmail.com

Spring into life

Commentary by Maj. Shane D. Pair
188th Wing chaplain

Spring is absolutely one of my favorite times of year. It is the time of year everything comes alive again; the trees are blooming, the flowers are budding and the birds are chirping. All of this is a reminder to me of hope and possibilities. Winter caused everything to be dormant and to appear to have no life and fall was a sign that death was coming. However, spring provides us with signs of life.

I have spent most of my life working with people. Most of that work has been helping them better their situation. I have done this with individuals, couples, families and church organizations. I am the type of person who always pulls for the underdog. I believe one of the reasons I am able to do what I do is because of God's grace that is always at work in my life.

As an individual, if left to my own devices I can make a mess of anything. If I only lean on myself, what I will experience is failure and death. I alone can bring nothing, but with my faith and the help of those around me, I can do anything. Through my heritage as a Christian, I am reminded of what Paul said as recorded in 1 Timothy 1:15-16, "Here is a trustworthy saying that deserves full acceptance: Christ Jesus came into the world to save sinners of whom I am the worst. But for that very reason I was shown mercy so that in me, the worst of sinners, Christ Jesus might display his unlimited patience as an example for those who would believe on him and receive eternal life."

Spring is a reminder to me of how God can take that which appears to be dead and bring it to life. This not only happens with the grass, trees and flowers; it happens within us.

Often our hopes and dreams lie dormant or dead due to discouragement, setbacks, broken relationships or fears in our life, but faith, like spring, allows us to imagine again our potential. For some this can be a fearful endeavor, because as you wonder about your future and its possibility you wonder if you have capability to do all that is going to be asked of you. The answer is yes. I am reminded what Paul said to the Philippians in Philippians 4:13, "I can do all things through him who strengthens me," as well as what he told his understudy, Timothy in 1 Timothy 1:12, "I know the one in whom I have put my trust, and I am sure that he is able to guard until that day what I have entrusted to him."

I want to encourage you this spring to imagine the possibilities of what you can accomplish in your life and begin working toward that end. You have a purpose and were designed to make a difference not only at the 188th Wing, but in your community. I encourage you to dream and act upon those dreams as you hope for your future. Standup, make a difference and become alive this spring. I cannot wait to see what God does in and through you. Until then, know each of you remain in my prayers.

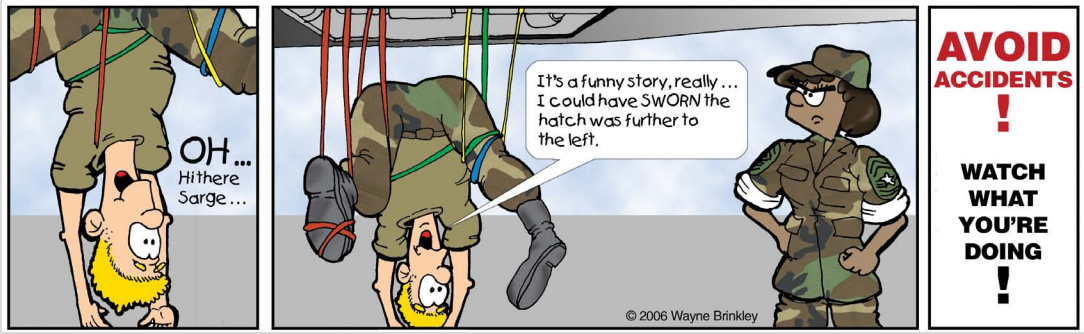
Krohn nominates Clarksville principal for ESGR Patriot Award

What takes 10 minutes, can be accomplished online and is an easy way to show an employer appreciation? The Employer Support Guard and Reserve Patriot Award nomination form is a great way to show gratitude.

The ESGR Patriot Award is one of several employer awards. It is intended specifically for the recognition of individual supervisors. Patriot Award nominations may come only from National Guard and Reserve members or their spouses. The award is an easy way for reservists and guardsmen to recognize the importance of their supervisor's support. Employers nominated receive a Patriot Award certificate with an accompanying lapel pin. To nominate a supervisor, the form can be found at http://www.esgr.mil/Service-Members-Family/Nominate-your-Employer.aspx.

If you have questions or need more information please contact 1st Sgt. Brian Anible or Lt. Col. Judith Mathewson in Mission Support Group at 479-573-5182.

From left, Lt. Col. Jim Krohn, Mr. Paul "Bo" Dean, Clarksville Junior High principal, Master Sgt. (ret.) Jon Woodham, Employer Support of the Guard and Reserve representative, and Col. Bobbi Doorenbos, 188th Wing commander, pose for a photo at Clarksville Junior High, Clarksville, Ark., March 30, 2015. Dean was presented the ESGR Patriot Award by Doorenbos for his support of Krohn's military service to the 188th. Krohn is the 188th Wing inspector general and is also a CJHS social studies teacher. (Courtesy photo)



The Flying Razorback member spotlight

Airman 1st Class Bryant Highfield

Hometown: Paris, Arkansas
Job Title: Aerospace medical technician
Civilian job: Parts courier
In the 188th: 2012
Education: Paris High School
Hobbies: Fishing
Goals: To be successful in everything I do
Favorite TV show: "Parks and Recreation"
Favorite animal: Bulldog
Favorite comedian: Whoever is funny at the time
Favorite movie: Can't pick just one
Favorite foods: Pizza
Favorite song: Whatever sounds good at the time
Favorite super hero: Green Arrow
Favorite U.S. President: Bill Clinton
Favorite historical figure: The Wright Brothers
Favorite sport: Football
Favorite pro sports team: Denver Broncos
Favorite sports individual: Peyton Manning
Favorite college team: Arkansas Razorbacks
My dream shopping spree: Truck parts
Place I'd most like to visit: Too many places to pick from
My first car was: 1982 F-100
My worst habit: I work too hard
I am proudest of: My first truck
The person I admire most: Father
The best day of my life: Everyday
Favorite 188th moment: When I was told I would have the opportunity to come and work at the 188th.

Airman 1st Class Bryant Highfield, 188th Medical Group aerospace medical technician, prepares to draw blood from a fellow 188th Airman in the MDG laboratory at Ebbing Air National Guard Base, Fort Smith, Ark., during the April unit training assembly, April 11, 2015. Highfield's superiors and peers have noted him to have an exceptional work ethic and he has been selected for the May 2015 The Flying Razorback spotlight. (U.S. Air National Guard photo by Staff Sgt. John Suleski/released)

Feel heroic, help save a life, donate blood

It's that time of year again; Ebbing Air National Guard Base, Ark., will host the Arkansas Blood Institute Sunday, May 3, 2015. The blood drive will be held in the Logistics Readiness Squadron parking lot beginning at 10 a.m. until 3 p.m. Listed below are helpful tips to keep in mind when donating.

- Eat well and include iron rich foods in your diet
- These foods include: beef, pork, chicken, turkey, fish, lamb, clams, oysters, nuts, raisins, peas, spinach and other dark, leafy greens
- Get a good night's sleep
- Drink plenty of fluids
- Drinking fluids before donating helps maintain good circulation throughout the body and helps prevent light-headedness
- Bring a photo ID

Donors will receive a t-shirt and snacks prior to returning back to duty. Schedule an appointment at www.yourbloodinstitute.org/donor/schedules/drive_schedule/184325, walk-ins will also be welcomed.

188th takes home multiple state-level Airman of the Year awards

By Senior Airman Cody Martin
188th Wing Public Affairs

The 2014 Arkansas Outstanding Airman of the Year selection board convened Jan. 26, 2015, to select Airmen from the 188th Wing and the 189th Airlift Wing who distinguished themselves from their peers by their performance and dedication.

The five different categories were Airman, non-commissioned officer, senior NCO, first sergeant and honor guard. Members of the 188th were selected for three of the five award classifications. The awards were presented at the Enlisted Association of Arkansas conference in Springdale, Arkansas, April 25. Master Sgt. Jean Schnauffer, Master Sgt. John Ashworth and Senior Airman Ashley Feist each won awards at the state level.

"I am tremendously proud of the accomplishments of these outstanding Airmen," said Col. Bobbi Doorenbos, commander of the 188th Wing. "It has been a great year for the 188th and it is an honor to have these individuals represent our wing at the state level and further in the national competition. We congratulate them for their hard work and help in making the 188th the premier wing in the nation. "

Schnauffer, then a technical sergeant with the 188th Force Support Squadron at the time of submission, was selected to be the NCO of the Year for Arkansas.

"Schnauffer brings an amazing attitude and spirit of leadership to the 188th Wing each day," said Maj. James Garvey, 188th Force Support Squadron commander. "Her glass is always half full and there's not a task or program that she is afraid to tackle. She always goes above and beyond the expectations of her peers and leadership and it's an honor to work with her."

Schnauffer proved herself in a myriad of ways to the selection board, including being hand selected as the conversion organization chart liaison, becoming the first-ever wing resiliency train-the-trainer instructor and being the civic ambassador for the 188th during Beautify Fort Smith.

"I am humbled to receive this award," Schnauffer said. "Winning this award proves teamwork and dedication pay off. I might have done well at my job, but it was due to a lot of other peoples hard work. I would like to thank the 188th for the honor to represent the Arkansas Air National Guard."

Arkansas Air National Guard State Outstanding Airmen of the Year award winners

Noncommissoned Officer of the Year Master Sgt. Jean Schnauffer

First Sergeant of the Year Master Sgt. John Ashworth

Honor Guardsman of the Year Senior Airman Ashley Feist

Ashworth of the 188th Medical Group won the First Sergeant of the Year award for Arkansas.

"The 188th MDG is truly fortunate to have Ashworth as our first sergeant," said Col. Misty Zelk, 188th MDG commander. "He lives true to the spirit of his position and it shows in how he cares for our Airmen. I consider myself blessed as a commander to have such a stellar first sergeant be a crucial member of my leadership team."

Ashworth's accomplishments include serving two years as president of the 188th Wing First Sergeant Council, developing the family care plan tracking program that is utilized base wide, initiating formation of the MDG Unit Advisory Council and leading a successful MDG Wingman Day unit program.

"The OAY process has been truly fantastic," Ashworth said. "This experience helped me realize how important the team concept is and has impressed on me how important it is to go into my unit, encourage others to desire excellence, and then recognize them for that excellence."

Feist of the 123rd Intelligence Squadron received the Honor Guard Member of the Year award for Arkansas.

"Feist has pride rarely seen by others in her peer group and she is always willing to go the extra mile to accomplish any task set before her, on or off duty," said Lt. Col. Tina Lipscomb, former commander of the 123rd Intelligence Squadron. "She is always the first to volunteer for special projects, career development and unit functions from Family Day to squadron promotions. She shines in professionalism, genuine kindness and physical fitness and is an example for other Airmen to emulate."

Feist participated in several community events, including funerals and homecomings as an Honor Guardsman. She also participated in Honor Guard details at Senior NCO induction, a security forces squadron change of command ceremony and a 123rd Intelligence Squadron chief master sergeant retirement ceremony.

"I would like thank everyone who helped me prepare for this," Feist said. "It is truly an honor to have been chosen for this award. I have achieved something I thought I could only dream about."

The winners will compete against other nominees across the nation in the National Guard Bureau Outstanding Airmen of the Year competition.

3rd annual Hawg Jawg scheduled for May 2

The 188th Wing will host the 3rd annual Hawg Jawg May 2, during the unit training assembly. The 5K race will begin at 2 p.m. and is open to 188th active and retired members as well as their dependents. Registration fee is $10, which includes a time chip and t-shirt. T-shirt will be 50 percent cotton/50 percent poly blend and available color options are red, green, blue and pink. For more information or questions regarding the Hawg Jawg you can reach Bond at 479-573-5764 or Mott at 479-573-5765.

Medals will be awarded to 1st, 2nd and 3rd place finishers in following categories:

Overall Winners

Females

– 16 years of age and younger
– 17 to 29 years of age
– 30 to 39 years of age
– 40 to 49 years of age
– 50 to 59 years of age
– 60 years and older

Males

– 16 years of age and younger
– 17 to 29 years of age
– 30 to 39 years of age
– 40 to 49 years of age
– 50 to 59 years of age
– 60 years and older

2nd annual Wingman Olympics slated for June 7

It's that time of the year again. The Wingman Olympics is around the corner, so it's time to start getting teams together. This year's competition will take place during the June super drill, on June 7, 2015.

The day's events will include an eight-member mile relay, double-elimination volleyball games, horseshoes, free throws, 1.5-mile run, fish casting and golf chipping contests. Points will be awarded to first-, second- and third-place finishers. The squadron with the most points will be announced as the Wingman Olympics winners. Last year's winner, the 188th Civil Engineer Squadron Team 2, will be defending its title and plans to keep the reins as the overall champion.

Sign-up sheets were distributed during April UTA and squadron commanders are encouraged to begin establishing teams during drill. For more information, please call 2nd Lt. Jake Tidwell at 573-5585/5574.

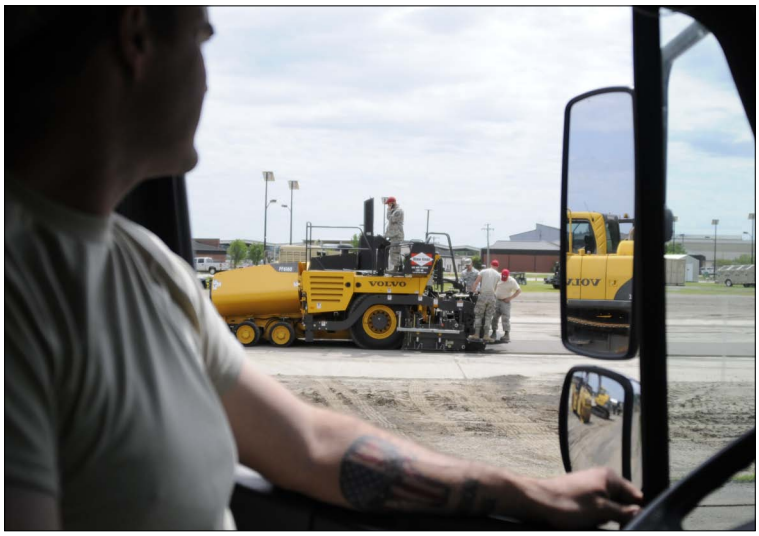
Arkansas Air National Guardsmen participate in a 1.5 mile run at Ebbing Air National Guard Base, Fort Smith, Ark., during Wingman Day August 2, 2014. Events also included volleyball, a free throw contest, casting contest, golf driving contest, simulated drunk driving course and multiple fitness stations competition. (U.S. Air National Guard photo by Senior Airman Hannah Landeros/released)

RED HORSE

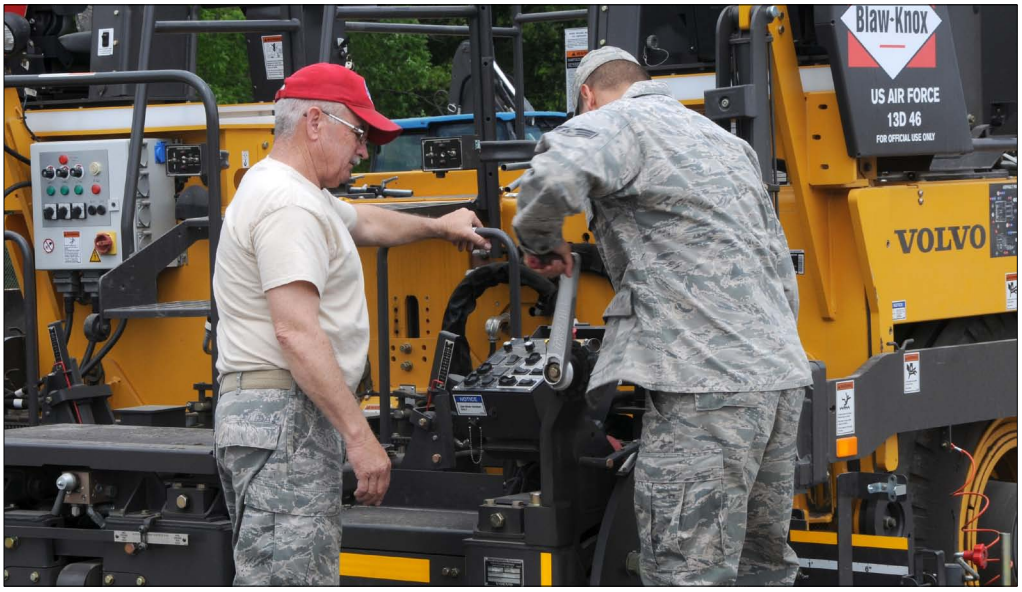
Continued from Page 2

paver and the milling machine will prove to be invaluable to him and to his unit on jobs he will be faced with in the future."

The 188th RHTC will be hosting a group of Airmen from the 203rd RHS during the May unit training assembly and have scheduled multiple classes later in May and throughout the rest of the fiscal year. The classes will include volumetric mixing, concrete paving, and further instruction on asphalt paving and milling.



Tech. Sgt. Eric Jones looks on as Air National Guard civil engineers hone their asphalt paving skills at Ebbing ANG, Base, Ark., April, 21, 2015. Airmen from the 188th Civil Engineer Squadron and the 200th Rapid Engineer Deployable Heavy Operational Repair Squadron Engineer Squadron completed milling and asphalt training over the course of two weeks. Engineers must recertify these skills every three years. Jones is assigned to the 188th CES. (U.S. Air National Guard photo by Staff Sgt. Hannah Dickerson/released)



From left, Master Sgt. Larry Ricketts, 188th Rapid Engineer Deployable Heavy Operational Repair Squadron Engineer training instructor, instructs Senior Airman Adam Brannon, 188th Civil Engineer Squadron member, during asphalt training at Ebbing Air National Guard Base, Fort Smith, Ark., April 21, 2015. The 188th RED HORSE training center provided asphalt training April 21-24.(U.S. Air National Guard photo by Senior Airman Cody Martin/released)

Senior Master Sgt. Robert Haag II, rapid engineer deployable heavy operational repair squadron engineer training center senior instructor shows Airman 1st Class Andrew Sneeringer, member of the 200th REDHORSE Squadron, how to operate the asphalt paving machine during asphalt training provided at Ebbing Air National Guard Base, Fort Smith, Ark., April 21, 2015. The 188th RHTC provided asphalt training April 21-24. (U.S. Air National Guard photo by Senior Airman Cody Martin/released)

Airman 1st Class Andrew Sneeringer, member of the 200th Rapid Engineer Deployable Heavy Operational Repair Squadron Engineer Squadron, shovels crusher dust from the asphalt paving machine during asphalt training provided at Ebbing Air National Guard Base, Fort Smith, Ark., April 21, 2015. The 188th RED HORSE training center provided asphalt training April 21-24. (U.S. Air National Guard photo by Senior Airman Cody Martin/released)

188th Wing promotions

To Senior Master Sergeant
Nina Reiss

To Master Sergeant
Brett Stredde

To Technical Sergeant
Ryan Olrick

To Staff Sergeant
Christopher Franklin
Justin Perryman
Spenser Lewis

To Senior Airman
Adam Brannon
Greggorey Brewer
Bryant Highfield
Michelle Overstreet
Dillon Tennison
Daniel Sowell

188th Family Day schedueled for May 2

188th Wing Airman and Family Readiness

Family Day is an opportunity to say thank you to our families for supporting Guard members every month for drill, through deployments, temporary duties and the conversion. The military takes care of the Guard member and Airman and Family Readiness takes care of the families.

The 188th Wing Airman and Family Readiness office would like to invite you to Family Day on May 2, 2015. The Fishing Committee will host our annual Fishing Derby for kids 18 years or under. Live music will be provided by .357 during the event. Members from the 123rd Intelligence Squadron will be available to answer questions for family members about the new mission. Refreshments will also be provided.

Time to be announced. All catches will be weighed to include any turtle caught. Visit our Arkansas Air National Guard Airman and Family Readiness Facebook page for derby rules or call The Airmen and Family Readiness office at 479-573-5403. Hope to see you there.

Capt. Bobby Moudy and his son participate in the inaugural youth fishing derby at Ebbing Lake, May 3, 2014, held at Ebbing Air National Guard Base, Ark. (U.S. Air National Guard photo by Airman First Class Cody Martin/Released)

188th Medical Group physical health assessment schedule changes in effect

Beginning in June all physical health assessments will be scheduled according to service member's birth month. All members will be required to complete a Web Health Assessment on an annual basis. Members will complete WebHAs according to birth month instead of prompted by a unit health monitor. All members should complete a WebHA within 90 days of the individual's birth month and will be scheduled for a physical based off the respective birth month. The 188th Medical Group anticipates the new process will help prevent future schedule conflicts of various requirements and missions on base.

High school students visit 188th Wing for Academy Day

U.S. Navy Petty Officer 1st Class Jake Compton speaks to Arkansas youth April 11, 2015, during Academy Day held at Ebbing Air National Guard Base, Fort Smith, Ark. Youth interested in attending a service academy from around Arkansas attended an information session to learn about the unique aspects of each service branch's academy. Compton represented the United States Naval Academy at Annapolis, Md. (U.S. Air National Guard photo by Senior Airman Cody Martin/released)

U.S. Air Force 2nd Lt. Sophia Schmidt speaks to Arkansas youth April 11, 2015, during Academy day held at Ebbing Air National Guard Base, Fort Smith, Ark. Youth interested in attending a service academy from around Arkansas attended an information session to learn about the unique aspects of each service branch's academy. Schmidt represented the United States Air Force Academy at Colo. (U.S. Air National Guard photo by Senior Airman Cody Martin/released)

Keep families safe, execute house fire escape plan

Commentary by Staff Sgt. Eric Davey
188th Fire and Emergency Services

We talk about fire drills often. You've seen them in your work center, performed them and may have even had a part in developing them. What about fire escape planning in your home? Do you and your family have a plan to get out should a fire occur?

Having a home escape plan is vital for residential fire safety. A fire will double in size every minute, so it is very important to act fast to get you and your loved ones out of the house. Working smoke detectors are a key to early warning, and a home escape plan is the key to a rapid escape. Even better, they are pretty simple to develop.

Walk through your home together as a family, inspecting all exits and possible escape routes. Households with children should consider drawing a floor plan of your home, marking two ways out of each room, including windows and doors. Make sure and mark the location of each smoke alarm.

Most importantly, pick a meeting spot for everyone to meet up outside. Make it a noticeable spot, away from oncoming traffic and responding emergency vehicles, and communicate it well. Some good examples include sidewalks in front of houses, mailboxes or a neighbor's yard or porch.

A good plan only works well when it is practiced; do so often until the family has it down. For more information about home escape plans, or if you need assistance in designing yours, contact the 188th Fire Department at 479-573-5217.

Recruiting report

Per Air National Guard Instruction 36-2002 Table 1.6 Rule 5 – non-prior service enlistees can come in as an E-3 if they meet one of the following criteria:

1. Enlists into a critical skills promotion program job listed in the fiscal year recruiting and retention initiatives for the fiscal year in which the applicant enlists.

2. Presents the General Billy Mitchell Award certificate showing successful completion of the Civil Air Patrol training program.

3. Has one or more years of college Reserve Officer Training Corps and possesses a letter of recommendation from the ROTC detachment commander.

4. Is a former service academy student with at least one year of service.

5. Has at least 45 semester or 67 quarter hours of accredited junior college/college credits.

6. Has satisfactorily completed the entire three-year high school Junior ROTC program, is a high school graduate, presents official certificate of completion from the service component or the school conducting the program.

Shield the Department of Defense and family members from phishing and spear phishing

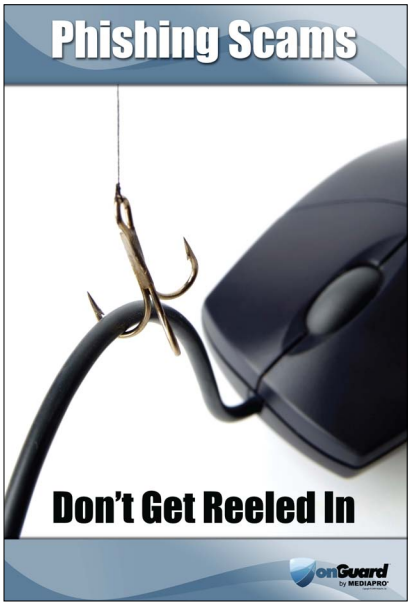
Department of Defense

Cyber criminals continue using phishing and spear-phishing attacks and the tactics are evolving in an increasingly predatory manner. Cybersecurity training helps prepare individual how to deal with a suspicious email. Are family members prepared? How about under age children? Who can recognize a phishing email? Rather than directly targeting service members, criminals are tracking and mining social media, such as Facebook, Linkedln and Twitter, to interact with people and compromise accounts.

Phishing continues to be successful because attackers do more research, continuously evolve tactics and seek out easy prey. By arming military members and their families with the defensive skills and knowledge to protect them from being victimized by a phishing email, computer or phone scam we can prevent future attacks. Listed below are phishing warning signs:

- Never trust links or accounts that prompt passwords within email messages
- Phishing emails often have poor grammar or misspelled words
- Do not trust – verify threatening emails or phone calls
- Never provide user identification or password
- Refuse social media connection or friend requests from users that haven't been personally met
- Make use of spam filters for personal email accounts
- Never email personal or financial information
- Be wary of pop-ups and do not click links or enter any data
- Do not copy web addresses from a pop-up into a browser
- Do not click on links, download files or open attachments

Below are resources shareable with family and friends to start a dialogue and arm them with defensive knowledge. It is recommend and encouraged to share this document and resources with families, friends and communities.



Free cyber defense education resources

Leverage existing youth programs in which your children may already be involved:

The Boy Scouts of America has a number of age-appropriate videos and resources for children, grades one through twelve known as "Cyber Chip" found at: http://bsaseabase.org/Scouting/Training/YouthProtection/CyberChip.aspx

The Girl Scouts, as part of the National Cybersecurity Awareness Campaign, has a number of age-appropriate resources at: http://forgirls.girlscouts.org/internet-safety/

The Federal Trade Commission provides videos and fact sheets on "Chatting with Kids About Being Online" at: http://www.onguardonline.gov/media/video-0001-net-cetera-chatting-kids-about-being-online

Just as you would lock the front door of your home or secure your wallet, social media users should aim to lockup and secure their online personal information and do regular checkups of their social thumbprint. (U.S. Air Force graphic/Staff Sgt. Jessica Hines)

"A Parent's Guide to Facebook" instructs parents on how to help children strengthen privacy controls and use social media safely: http://www.ikeepsafe.org/parents/parentsguide-to-face book/

ConnectSafely offers resources on smart video-gaming, dealing with teen sexting, cyberbullying, cellphone and virtual world safety tips at: http://www.connectsafely.org/

The National Cyber Security Alliance's resources for parents, children, teachers, and small businesses covers data privacy, mobile shopping, and laptop security: https://www.staysafeonline.org/

McGruff the Crime Dog, a program children are likely familiar with through school programs in partnership with the National Crime Prevention Council helps reinforce what children have been taught and how to protect grandparents: http://www.ncpc.org/topics.

iKeepSafe is focused on ensuring that generations of children grow up safely using technology and the Internet and offers many resources for parents, educators and communities to leverage: http://www.ikeepsafe.org/

The BEaPRO Parent app assesses family's cybersecurity habits, offers online safety advice and explains how parents can improve the family's technology safety: http://www.ikeepsafe.org/beapro-parent -app/

The Securing Our eCity Foundation offers extensive materials for families, businesses and communities: http://securingourecity.org

Microsoft has developed a very good document on how to recognize phishing email messages, links or phone calls: http://www.microsoft.com/security/online-privacy/phishing-symptoms.aspx.

188th Sexual Assault Prevention and Response Office

Sexual Assault Response Coordinator
Maj. Heath Allen: 479-573-5221 or 479-719-6667

Alternate SARC
Maj. Mike Atwell: 479-459-1723

Victim advocates
Capt. Lance Griffith: 479-573-5126
Capt. Scott Anderson: 501-987-5808
Capt. Holli Nelson: 479-573-5170
Senior Master Sgt. Michell Mashburn: 501-987-7480
Tech. Sgt. Kelly Webb: 479-461-7482

Joint Force Headquarters SARC
Jessica Hamilton: 501-212-4225

Find us on on the web: www.188wgang.f.mil/188thsaproffice.asp

SAFE Helpline: 877-995-5247

Citizen Airman Dining Facility menu

Saturday May 2
Salmon, glazed carrots, brown rice, red potatoes, rolls, yellow cake with chocolate icing and cookies, ice cream, coffee, tea and milk

Sunday May 3
Pork spare ribs, macaroni and cheese, corn on the cob, peas, rolls assorted crisps, ice cream, coffee, tea and milk

Short-order line
Hamburger or cheeseburger, hot dog and chili dog, bake beans, steak fries, salad bar, tuna salad and macaroni salad

NOTE: Civilians and family members are not permitted to eat in the Citizen Airman Dinning Facility. The one exception is the annual holiday meal.

Veterans upward bound program now available

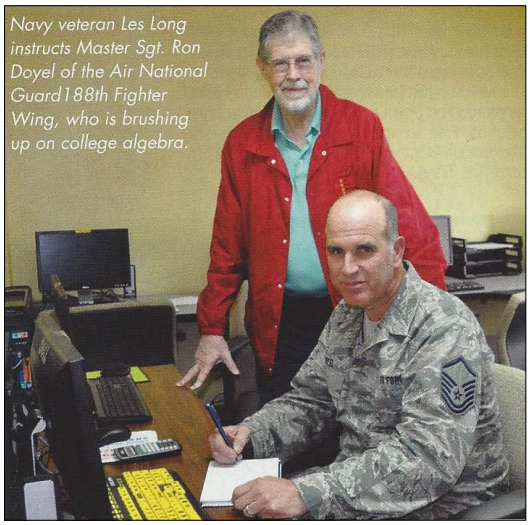
Are you interested in going back to college? Want to increase your senior noncommissioned officer qualifications? There is a program that will help you with financial aid, scholarships, GI Bill applications, academic advising, tutoring, mentoring and career counseling.

The Veterans Upward Bound program at the University of Arkansas is federally funded by the Department of Education and is designed to help U.S. military veterans enter and succeed in postsecondary education. VUB provides regular academic classes and transitioning assistance to help veterans gain the skills required for higher education. VUB staff also provides advising services to help military members understand their options to attend, pay for and obtain a college degree.

Veterans Upward Bound provides all of its services completely free of charge. Call any of our four locations to schedule an appointment and see how VUB can assist you.

Veterans Upward Bound offers assessment of current academic skills through free computer-adaptive placement assessment and support system (COMPASS) testing. VUB provides assistance with admission applications and assessment of prior college credits, as well as assistance with credit evaluation of military schools and courses transferring to civilian colleges for acceptance. VUB also assists with financial aid, scholarships, grants, military educational benefits and other financial resources. VUB provides academic advising, tutoring and mentoring, career counseling and planning and will work as a team with the community referrals to other community organizations servicing military veterans.

Contact VUB at Camp Joseph T. Robinson: 501-212-4027, Fayetteville: 479-575-2442, Fort Roots: 501-257-1627 and Fort Smith: 479-434-6560


Navy veteran Les Long instructs Master Sgt. Ron Doyel of the Air National Guard188th Fighter Wing, who is brushing up on college algebra.

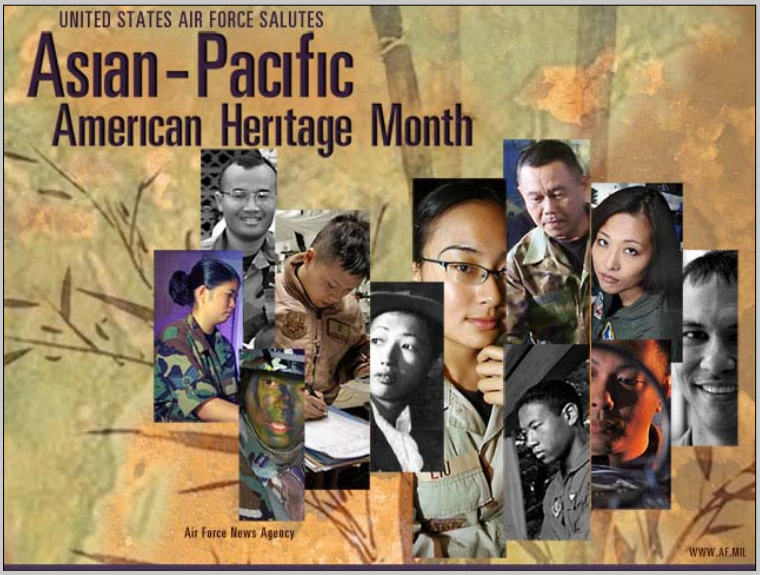
(Courtesy photo)

May is Asian American-Pacific Islander Heritage Month

By Tech. Sgt. Gary Agundo
6th Aircraft Maintenance Squadron

MACDILL AIR FORCE BASE, Fla. – The month of May is a time to reflect and celebrate the impact Asian American and Pacific Islanders have had in the United States. This commemorative month encompasses the diverse heritage of the Asian continent and the Pacific islands of Melanesia (New Guinea, New Caledonia, Vanuatu, Fiji and the Solomon Islands), Micronesia (Marianas, Guam, Wake Island, Palau, Marshall Islands, Kiribati, Nauru and the Federated States of Micronesia) and Polynesia (New Zealand, Hawaiian Islands, Rotuma, Midway Islands, Samoa, American Samoa, Tonga, Tuvalu, Cook Islands, French Polynesia and Easter Island).

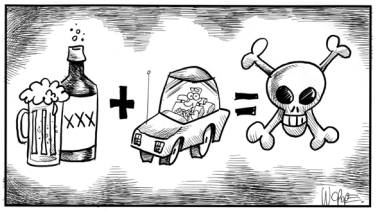
In June 1977, U.S. Congressional Representatives Frank Horton, of New York, and Norman Y. Mineta, of California, introduced a House resolution which called upon the president to proclaim the first 10 days of May as Asian-Pacific Heritage Week. The following month, U.S. Senators Daniel Inouye, and Spark Matsunaga, introduced a similar bill in the Senate. Both were passed. On October 5, 1978, President Jimmy Carter signed a joint resolution designating the annual celebration. Twelve years later, President George H.W. Bush signed an extension which expanded the national observance into a month-long celebration. In 1992, the official designation of May as Asian-Pacific American Heritage Month was signed into law. The month of May was chosen to commemorate the immigration of the first Japanese to the United States on May 7, 1843, and to mark the anniversary of the completion of the transcontinental railroad on May 10, 1869. The majority of the workers who laid the tracks were Chinese immigrants.



Responsible alcohol use key to safe spring recreation

By Senior Master Sgt. Ray Traylor
188th Wing Safety Office

It is spring time again; many will be firing up the grill and grabbing a cold beverage of choice. While some folks like me prefer iced tea or lemonade, others prefer to have a few alcoholic drinks. Alcohol in moderation is typically a safe, sometimes healthy, addition to your diet. A five-ounce glass of wine, a 12-ounce glass of beer and 1 1/2 ounces of hard liquor are all roughly equal in alcohol content. According to the National Institute on Alcohol Abuse, women need to consume no more than three drinks per day and seven drinks per week to avoid serious alcohol disorders. For men, the daily limit to avoid disorders and addiction is four, and the weekly limit is 14. Exceeding either of these limits, even if adhering to the other limit, is unhealthy, dangerous behavior. Moderating your drinking also means drinking slowly, since quick consumption of alcohol rapidly raises your blood alcohol content.



Alcohol affects your judgment along with other things, and you may find yourself making poor choices. You think you are good to go, good to do anything. You feel ten feet tall and bullet proof. Even if you are a 10th degree black belt and feel you can take on the world, it is not going to save you from a moving vehicle like a car or train. Needless accidents happen every year because someone felt they were good to go and no one stood in the gap as a good Wingman to prevent it from happening. A good Wingman is not someone pouring the drinks when you are too drunk to pour any longer, they are someone who cares enough about you to monitor your consumption levels and prevent you from harming yourself or others. There is a blood alcohol calculator located at http://bloodalcoholcalculator.org/ that will give you your BAC percent if you have been drinking and deliberating whether you should drive. It also has the BAC percent charts, but keep in mind no one knows you better than you, so even if you are legally good on your BAC percent let's say the one drink helped make you sleepy and you were already tired from a hard day's work, now you have increased your chances of having an accident taking into consideration your body's fatigue prior to the drink.

An often forgotten danger of alcohol is the dehydration danger because you are kicking back liquid making you think you are quenching your thirst when in actuality you are dehydrating your body because alcohol is a diuretic, which means it causes your body to lose water faster than the water is replaced. The Arkansas summertime heat and humidity is rapidly approaching, and although the idea for many is to kick back some cold ones while enjoying the outdoors sounds good to some, keep in mind that you need to be drinking water and sports drinks with electrolytes to keep from becoming dehydrated.

Everyone is a valued member of the 188th, and we have a responsibility to ourselves, our families, our unit, our state and our country to ensure we are utilizing good risk management. If you choose to drink, then drink responsibly.

Flying Razorback Flashback

Remembering the history of the 188th Wing from the Public Affairs photography archive

Former 1st Lady of Arkansas Janet Huckabee, left, works with a group of 188th Fighter Wing firefighters during the 188th Civil Engineer Squadron Urban Search and Rescue Site's opening ceremony at Ebbing Air National Guard Base, Fort Smith, Ark., May 2, 2002. (U.S. Air National Guard photo by Senior Master Sgt. Dennis Brambl/released)

Join the 188th Wing: Your hometown Air Force

The Air Force specialty codes below are eligible for the Air National Guard national and local incentives. These incentives are effective April 1, 2015 until June 30, 2015. The incentive program will be reviewed each quarter by NGB to determine which AFSCs will be authorized a bonus.

The incentives for non-prior service enlistments include $20,000 cash and the G.I. Bill Kicker. Current members may receive $7,500 cash for a three-year reenlistment and $15,000 cash and the G.I. Bill Kicker for a six-year reenlistment.

Contact Master Sgt. Keith Freeman in the 188th Retention Office at 479-573-5360 for any questions regarding the reenlistment bonus program.

Contact the 188th Recruiting Office at 479-573-5138 with questions concerning joining the ANG.

NATIONAL LIST

1N0X1	OPERATIONS INTELLIGENCE
1N1X1	GEOSPATIAL INTELLIGENCE
1N4X1	NETWORK INTELLIGENCE ANALYST
1U0X1	RPA SENSOR OPERATOR

NATIONAL LIST

2W0X1	MUNITIONS SYSTEMS
3D1X2	CYBER TRANSPORT SYSTEMS
3D1X3	RF TRANSMISSION SYSTEMS